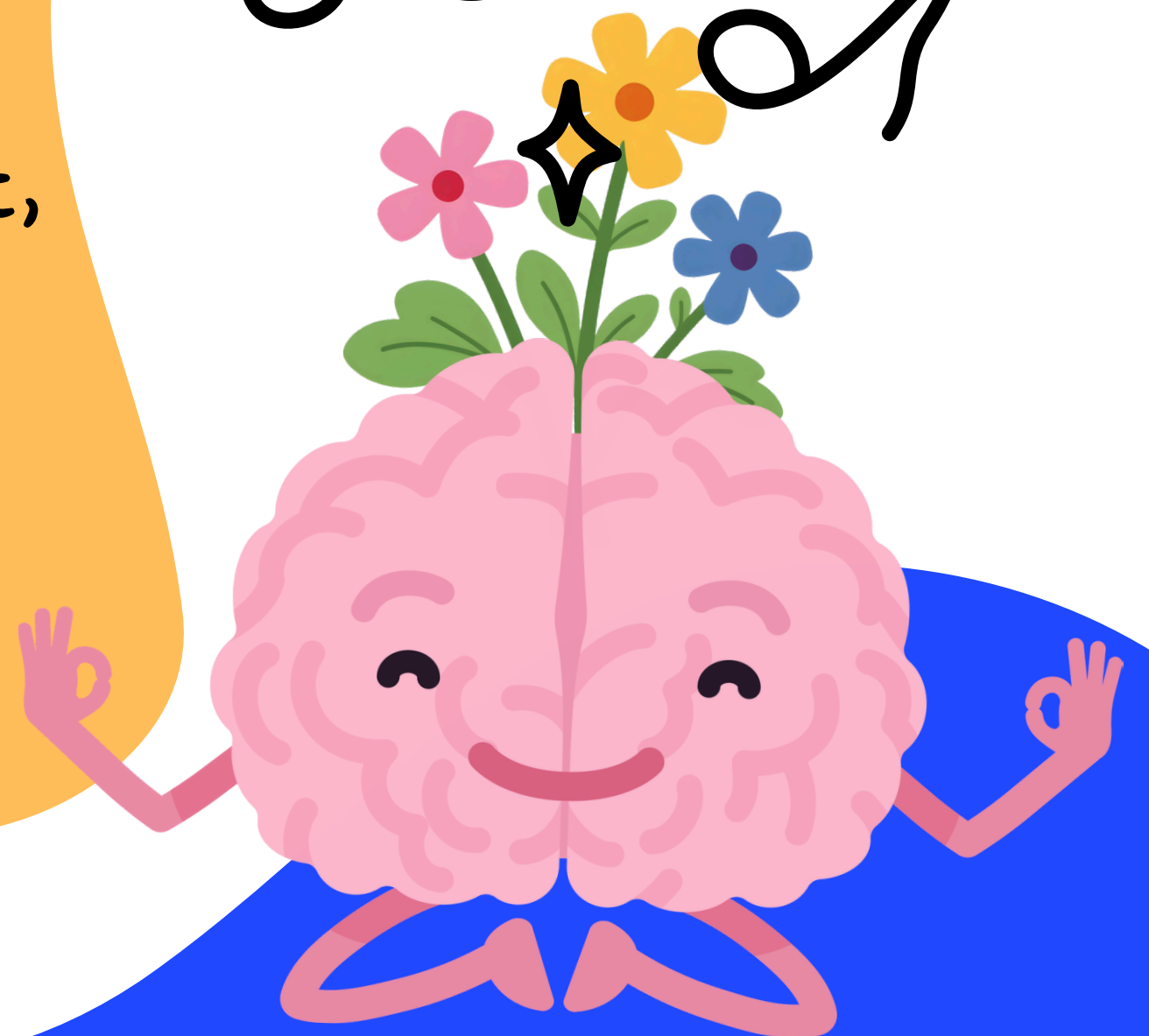


Feel Good Fun Day

Chapelside Community Centre
Thursday 13th August 2026
12-3pm



Join us for a day of feel
good activities and the
opportunity to try new
coping strategies like art,
meditation, yoga, music
and more!



**FOR MORE INFORMATION PLEASE CONTACT COLIN FERRIS,
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